

**Notice of Privacy Practices &**

**Electronic Payment Communications Disclosure**

**Receipt and Acknowledgment of Notice**

**Client Name:** \_\_\_\_\_  
**DOB:** \_\_\_\_\_  
**SSN:** \_\_\_\_\_

I hereby acknowledge that I have received and have been given an opportunity to read Jason Schweitzer LLC’s Notice of Privacy Practices and Electronic Payment Communications Disclosure Policies. I understand that if I have any questions regarding the Notice or my privacy rights or my use of electronic payment for services, I can contact Jason directly at (507) 271-0467.

I authorize Jason Schweitzer LLC to provide notice to me by telephone or verbally in the event of a breach of my protected health information (PHI) by Jason Schweitzer LLC. Such conversation shall be documented by Jason Schweitzer LLC. Pursuant to HIPPA of 1996 Final Rule modifying the HIPPA Privacy, Security, Enforcement and Breach Notification Rules, the verbal or telephonic notice provided to me pursuant to this authorization shall not be simply for the administrative convenience of Jason Schweitzer LLC.

\_\_\_\_\_  
*Signature of Client* *Date*

\_\_\_\_\_  
*Signature or Parent, Guardian or Personal Representative \** *Date*

*\* If you are signing as a personal representative of an individual, please describe your legal authority to act for this individual (power of attorney, healthcare surrogate, etc.).*

**Client Refuses to Acknowledge Receipt:**

\_\_\_\_\_  
*Signature of Staff Member* *Date*

Client Name: \_\_\_\_\_

### FINANCIAL INFORMATION FORM

I sincerely appreciate the opportunity to work with you on the concerns that have brought you for help with your mental health. As part of providing quality services, I need to be clear about our financial arrangements. Please bring your insurance card with you to your first appointment. If you have health insurance, it may pay for all or part of the cost of your treatment here. To submit claims, I need the information requested below and your signature on the back of this page. If you do not have health insurance coverage, please complete sections A and F of this form, and return it to me.

**A. Client's name:** \_\_\_\_\_ **Birth date:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Soc. Sec. #:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City, Zip** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Mobile Phone:** \_\_\_\_\_ **E-mail address:** \_\_\_\_\_

**Insured's policy holder's name and Birth date (if other than client):** \_\_\_\_\_

**Occupation:** \_\_\_\_\_ **Employer:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_

**Address of employer:** \_\_\_\_\_

**B. (If applicable) Spouse/Parent Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**C. Private Health Insurance Information** (e.g., MMSI, BCBS, UBH, etc).

**Name of primary insurance carrier/company:** \_\_\_\_\_

**Location:** \_\_\_\_\_ **Phone Numbers:** \_\_\_\_\_

**Subscriber/policy holder (if other than client):** \_\_\_\_\_

**Identification #:** \_\_\_\_\_ **Group #:** \_\_\_\_\_

**Additional information:** \_\_\_\_\_

**Copayment (% or dollar amount):** \_\_\_\_\_ (due at the time of each scheduled session)

**Name of secondary insurance carrier/company (if applicable):** \_\_\_\_\_

**Location:** \_\_\_\_\_ **Phone Number(s):** \_\_\_\_\_

**Subscriber/policy holder (if other than client):** \_\_\_\_\_

**Identification #:** \_\_\_\_\_ **Group#:** \_\_\_\_\_

**Additional information:** \_\_\_\_\_

**Copayment (% or dollar amount):** \_\_\_\_\_ (due prior to each session)

**D. Public Health Insurance Information** (e.g., Medicare, Medical Assistance, UCare, MNCare, etc.)

**Medical Assistance Number(s):** \_\_\_\_\_

**Medicare Number (with any letters)** \_\_\_\_\_

**Other public payment source(s):** \_\_\_\_\_

**Copayment (% or dollar amount):** \_\_\_\_\_ (due at the time of each scheduled session)

**E. Other Third Party Payer Information**

**Describe payment arrangements:** \_\_\_\_\_

\_\_\_\_\_

**F. If you do not have health insurance, or choose not to use it, how will you pay for services?** \_\_\_\_\_

\_\_\_\_\_

**FINANCIAL AGREEMENT FORM**

The undersigned hereby authorizes the release of any information relating to all claims for benefits submitted on behalf of myself and/or dependents to LM Billing Services, Inc. I further expressly agree and acknowledge that my signature on this document authorizes my provider to submit claims for benefits, for services rendered or for services to be rendered, without obtaining my signature on each and every claim to be submitted for myself and/or dependents, and that I will be bound by this signature as though the undersigned had personally signed the particular claim. My provider is given permission to release any information obtained during treatment that is necessary to support any insurance claims on this account, for certifications/case management decisions, and other purposes related to the administration of benefits for my health plan, and to secure timely payments. Ordinarily such information will include diagnosis, dates of service, and treatment goals and progress, but on occasion additional information, such as copies of the assessment report or progress notes, may need to be provided to the insurance carrier.

I hereby assign medical benefits, including those from government-sponsored programs and other health plans, to be paid to the provider, Jason R. Schweitzer, LICSW. I understand that my insurance company will be billed directly by the provider. I will be financially responsible for all charges incurred including any applicable deductibles and copayments. If I am not eligible for health insurance benefits at the time services are rendered, I am responsible for full payment as agreed by pre-arrangement. A photocopy of this assignment is to be considered as valid as the original.

I \_\_\_\_\_ hereby authorize \_\_\_\_\_  
 (Client or Authorized Representative Signature) (Name of Insurance Company)

to pay and hereby assign directly to Jason Schweitzer all benefits, if any, otherwise payable to me for service provided as described on attached forms. \_\_\_\_\_  
 (Date)

**APPOINTMENTS AND FEES**

**APPOINTMENTS:** All appointments are scheduled in advance and this time is reserved for you.

**CANCELLATIONS:** If it becomes impossible to keep your appointment due to illness or emergency, please contact me at least **24 hours in advance**. Cancellations received less than 24 hours in advance will be billed **\$40.00**. Missed appointments (appointments skipped without notice) will be billed up to the regular session rate of \$160.00. Insurance companies will normally not pay for missed sessions. If you receive health insurance via a Government-Sponsored program and attendance is problematic, you may be requested to wait six or more weeks before resuming services or to schedule same day services as appointments are available.

**COPIES:** When Minnesota Statute 144.292 applies, <http://www.health.state.mn.us/divs/hpsc/dap/maxcharge.pdf>, charges for sending copies of medical records to client and non-client entities are \$1.38 per page for copy fees and \$18.36 for retrieval fees. Clients are responsible for these charges. Minnesota worker’s compensation will be charged a \$10 retrieval fee and \$0.75 per page for copies of the “appropriate record” to substantiate a service being billed.

**COURT FEES:** Affidavits are \$80 (paid in advance). Phone calls: \$160/hr. Court Appearances are \$285/hr.

**FEES:**

- |   |          |                      |         |
|---|----------|----------------------|---------|
| • Initial Interview-Diagnostic Assessment | \$175.00 | Letters              | \$25.00 |
| • Individual Therapy Session              | \$160.00 | Letters to Employers | \$50.00 |
| • Couples Therapy                         | \$160.00 | Treatment Summaries  | \$80.00 |
| • Couples Therapy Assessment              | \$35.00  |                      |         |

Client Name: \_\_\_\_\_

### ADULT PERSONAL HISTORY QUESTIONNAIRE

Please notify me at least **24 hours** in advance if you need to reschedule or cancel. I look forward to meeting you. Thank you!

**The information requested is to facilitate appropriate treatment for your expressed needs. The data you provide is private and will be shared only according to laws about data privacy and confidentiality. Please respond thoroughly.**

Your name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

#### A. PRESENTING PROBLEM/S:

1. Please describe the problem for which you are seeking help:
2. When and how did your current problem(s) begin?
3. What have you already done to try and solve or cope with this problem?

4. Please check **problem areas** that pertain to you currently:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Academic/School    | <input type="checkbox"/> Flashbacks                    | <input type="checkbox"/> Parenting            |
| <input type="checkbox"/> Alcohol/Drug Abuse | <input type="checkbox"/> Grief/Loss                    | <input type="checkbox"/> Religious Spiritual  |
| <input type="checkbox"/> Anger              | <input type="checkbox"/> Hallucinations                | <input type="checkbox"/> Socialization        |
| <input type="checkbox"/> Anxiety            | <input type="checkbox"/> Intimacy                      | <input type="checkbox"/> Sexuality            |
| <input type="checkbox"/> Criminal Behavior  | <input type="checkbox"/> Legal Issues                  | <input type="checkbox"/> Sleep                |
| <input type="checkbox"/> Depression         | <input type="checkbox"/> Marital/Relationship          | <input type="checkbox"/> Thought Processing   |
| <input type="checkbox"/> Dissociation       | <input type="checkbox"/> Mental Illness                | <input type="checkbox"/> Substance Abuse      |
| <input type="checkbox"/> Eating             | <input type="checkbox"/> Mood                          | <input type="checkbox"/> Substance Dependence |
| <input type="checkbox"/> Employment         | <input type="checkbox"/> Obsessions and/or Compulsions | <input type="checkbox"/> Victim of Abuse      |
| <input type="checkbox"/> Family Conflict    | <input type="checkbox"/> Oppositional Behavior         | <input type="checkbox"/> _____                |

List previous mental health diagnosis: \_\_\_\_\_

Approximately when this diagnosis assigned: \_\_\_\_\_

#### B. MENTAL & MEDICAL HEALTH:

Please list current providers and their role (e.g. medical doctor, psychiatrist, marriage counselor, case manager, etc.):

NAME:	ROLE:	AGENCY & LOCATION:
_____	Primary Care Provider	_____
_____	Psychiatrist	_____
_____	Therapist	_____

Describe any current **medical** problems or physical symptoms you are having:

Do you have an Advanced Care Directive (Health Care Directive)? Y or N. Where is it located? \_\_\_\_\_

Last physical examination/location? \_\_\_\_\_

Any serious illnesses injuries, surgeries or head trauma? Y / N Please describe:

**Dates of previous hospitalizations for mental health problems:**

DATES: (FROM-TO):	FACILITY/Practitioner & LOCATION:	REASON FOR TREATMENT
_____ to _____	_____	_____
_____ to _____	_____	_____
_____ to _____	_____	_____

(Use additional sheet if necessary)

Client Name: \_\_\_\_\_

List all current medications, including dosage if possible and who prescribes it:

MEDICATION:	DOSE:	REASON FOR USE:	PRESCRIBED BY:
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

(Use additional sheet if necessary)

**C. CHEMICAL USE/ADDICTIVE BEHAVIOR:**

Do you currently drink alcohol? Yes/No:     In the past? Yes/No     If YES: Age of first use of alcohol? \_\_\_\_\_

What type/s of alcohol do you drink? \_\_\_\_\_     How much/often do you drink? \_\_\_\_\_

Last time intoxicated? \_\_\_\_\_     List any related legal consequences with dates: \_\_\_\_\_

Have you ever felt you ought to **cut down** on your drinking or drug use? \_\_\_\_ Yes \_\_\_\_ No

Have you ever had people **annoy** you by criticizing your use of drugs or alcohol \_\_\_\_ Yes \_\_\_\_ No

Have you ever felt bad or **guilty** about your drinking or drug use? \_\_\_\_ Yes \_\_\_\_ No

Have you ever had a drink or used drugs as an **eye opener** first thing upon getting up to steady your nerves, or get rid of a hangover, or to get the day started? \_\_\_\_ Yes \_\_\_\_ No

Used illegal drugs? Yes/No     What types? \_\_\_\_\_     Date of first use: \_\_\_\_\_

Most recent use of drugs? \_\_\_\_\_     How often do you use drugs? \_\_\_\_\_     Abused prescription drugs? Yes/No

Do you use tobacco products? Yes/No;     If YES, what type and how much?

Please describe the amount of caffeine that you typically consume daily, include energy drinks, soda, etc.:

Please list treatments you have had for chemical abuse or dependency:

<u>Dates: (from - to):</u>	<u>Facility &amp; Location</u>
_____ to _____	_____
_____ to _____	_____
_____ to _____	_____

(Use additional sheet if necessary)

Members of your immediate/extended family experienced problems with chemical abuse/dependency? Yes/No

What type? \_\_\_\_ Alcohol \_\_\_\_ Drugs     Explain:

Do you gamble including playing the lottery or pull tabs, etc.? Yes/No

Have you ever felt the need to bet more and more money? Yes/No

Have you ever lied to people important to you about how much you gamble? Yes/No

Please indicate whether the following statements described you during the past three (3) months?

- I felt bad or guilty about my use of pornography Y/N
- I was upset because I could not stop thinking about pornography Y/N
- It was necessary for me to watch pornography to feel at ease and/or orgasm Y/N
- I tried to cut down or stop my pornography watching Y/N

Client Name: \_\_\_\_\_

**D. FAMILY HISTORY**

What State/County/Country where you born? \_\_\_\_\_ Are you adopted? Yes/No

Where and by whom were you raised?

Are your parents married to one another? Yes/No. If parents divorced/separated, how old were you?

Please complete the following information regarding your parents (and step-parents, if any)

NAME	LIVING?	AGE	OCCUPATION	PLACE OF RESIDENCE
_____	Y N	_____	_____	_____
_____	Y N	_____	_____	_____
_____	Y N	_____	_____	_____
_____	Y N	_____	_____	_____

Please complete the following information regarding sibling, step-siblings, or half siblings.

<u>Name of sibling, half-sibling, etc.</u>	<u>Age</u>	<u>Marital Status</u>	<u>Occupation</u>	<u>Place of Residence</u>
_____	_____	S M D	_____	_____
_____	_____	S M D	_____	_____
_____	_____	S M D	_____	_____
_____	_____	S M D	_____	_____
_____	_____	S M D	_____	_____
_____	_____	S M D	_____	_____

Describe what it was like growing up in your family:

Was there any violence or other abuse in your family of origin? Yes/No

If YES, briefly describe the nature of the abuse (physical, sexual, emotional, etc.) and identify the perpetrator and victim:

Have members of your immediate or extended family experienced problems with mental illness? Yes/No

If YES, please indicate their relationship to you and the nature of their problems:

Describe your current relationships with your parents and siblings:

Client Name: \_\_\_\_\_

**E. RELATIONSHIP AND MARITAL HISTORY**

At what age did you start dating? \_\_\_\_\_ What was the longest dating relationship you had? \_\_\_\_\_

If you are currently married or have a domestic partner, please describe the following:

Name: \_\_\_\_\_ Length of relationship: \_\_\_\_\_ Years married: \_\_\_\_\_

Problems in the relationship:

Strengths in the relationship:

Do you share your thoughts and feelings with close friends? Yes/No

Please provide the following information about your children:

<u>Name</u>	<u>Gender</u>	<u>Age</u>	<u>Living with you?</u>		<u>Educational Level</u>	<u>Marital Status</u>		
	M F	_____	Yes	No	_____	M	S	D
_____	M F	_____	Yes	No	_____	M	S	D
_____	M F	_____	Yes	No	_____	M	S	D
_____	M F	_____	Yes	No	_____	M	S	D
_____	M F	_____	Yes	No	_____	M	S	D
_____	M F	_____	Yes	No	_____	M	S	D
_____	M F	_____	Yes	No	_____	M	S	D

Please list and previous marriages or domestic partners:

<u>Name</u>	<u>Married?</u>	<u>#Yrs. in relationship</u>	<u>Year ended</u>	<u>Reason for break-up</u>
_____	Yes No	_____	_____	_____
_____	Yes No	_____	_____	_____
_____	Yes No	_____	_____	_____

Were any of the following forms of abuse in these relationships?

\_\_\_\_physical \_\_\_\_verbal \_\_\_\_emotional \_\_\_\_sexual \_\_\_\_financial \_\_\_\_intimidation; other: \_\_\_\_\_

If so, please describe:

Other traumatic experiences:

Client Name: \_\_\_\_\_

**F. EDUCATIONAL HISTORY:**

<u>Name of Institution (high school, etc.)</u>	<u>Location</u>	<u>Dates</u>	<u>Major</u>	<u>Graduated?</u>	<u>Degree</u>
_____	_____	_____ to _____	_____	Y N	_____
_____	_____	_____ to _____	_____	Y N	_____
_____	_____	_____ to _____	_____	Y N	_____
_____	_____	_____ to _____	_____	Y N	_____

Do your current problems have an impact on your education? Please describe:

**G. OCCUPATIONAL HISTORY:**

<u>Employer (Begin with most recent)</u>	<u>Job Title</u>	<u>Date: From-to</u>	<u>Reason for leaving</u>
_____	_____	_____ to _____	_____
_____	_____	_____ to _____	_____
_____	_____	_____ to _____	_____
_____	_____	_____ to _____	_____
_____	_____	_____ to _____	_____

Do your current problems have an impact on your employment? Y/N Please describe:

**H. MILITARY HISTORY:**

Did you serve in the military? Yes/No. If "Yes", what branch/es did you serve in? \_\_\_\_\_

When did you serve? (Enlistment Date/Discharge Date) \_\_\_\_\_

What was your Military Occupational Specialty \_\_\_\_\_

**ATTENTION:** All military personnel, please bring a copy of your DD214 at time of discharge from service.

Any additional information that might be helpful in creating a treatment plan?

Thank you for your cooperation!



ISSUES INVENTORY Name: Date:

Below you will find a list of problems frequently listed by people who seek counseling. Look down the list and rate yourself as to the degree of severity that each subject presents. Circle the numbers from 1- (no problem) to 5 (severe problem) that apply currently.

<b>SUBJECT</b>	<b>NO PROBLEM</b>					<b>SEVERE</b>
Crying for no reason	1	2	3	4	5	5
Can't enjoy myself	1	2	3	4	5	5
Feeling lonely	1	2	3	4	5	5
Feeling down/depressed	1	2	3	4	5	5
Feeling hopeless	1	2	3	4	5	5
Low self-esteem/self-confidence	1	2	3	4	5	5
Feeling unhappy about myself	1	2	3	4	5	5
Difficulty expressing feelings	1	2	3	4	5	5
Dealing with traumatic experiences	1	2	3	4	5	5
Feeling anxious	1	2	3	4	5	5
Feeling angry	1	2	3	4	5	5
Feeling out of control	1	2	3	4	5	5
Absentmindedness	1	2	3	4	5	5
Can't make decisions	1	2	3	4	5	5
Intrusive thoughts	1	2	3	4	5	5
Difficulty concentrating	1	2	3	4	5	5
Racing thoughts	1	2	3	4	5	5
Thinking about suicide	1	2	3	4	5	5
Thinking about hurting someone else	1	2	3	4	5	5
Trouble controlling aggression	1	2	3	4	5	5
impulsivity or recklessness	1	2	3	4	5	5
Thoughts that confuse or scare me	1	2	3	4	5	5
Difficulty being assertive	1	2	3	4	5	5
Concerns re: use of pornography	1	2	3	4	5	5
Balancing responsibilities	1	2	3	4	5	5
Problems with grades/school work	1	2	3	4	5	5
Time management	1	2	3	4	5	5
Easily distracted	1	2	3	4	5	5
Disorganization	1	2	3	4	5	5

Client Name: \_\_\_\_\_

Perfectionism	1	2	3	4	5
Worried about future career	1	2	3	4	5
Feeling rejected by others	1	2	3	4	5
Trouble making/keeping friends	1	2	3	4	5
Difficulty with authority	1	2	3	4	5
Sexual issues	1	2	3	4	5
Racial/ethnic/cultural issues	1	2	3	4	5
Relationships with females	1	2	3	4	5
Relationships with males	1	2	3	4	5
Relationship with roommate/friend	1	2	3	4	5
Relationship with family	1	2	3	4	5
Relationship with romantic partner	1	2	3	4	5
Relationship with my children	1	2	3	4	5
Substance use of a family member	1	2	3	4	5
Substance use of a friend	1	2	3	4	5
Own use of alcohol/drugs	1	2	3	4	5

Please indicate those parts of your life that give you the most pain or with which you struggle the most. Identify what change you desire in yourself or your behavior that you wish to accomplish in therapy. problems and struggles may involve internal factors such as thoughts, values, feelings, intentions, etc. or issues may involve external factors such as relationships with others, school, job, etc.

**PROBLEM:**

- 1.
  
- 2.
  
- 3.

**DESIRED CHANGE:**